



# 2023 Waka Ama Long Distance Nationals

WHITIANGA –Thursday 20<sup>th</sup> – Saturday 22<sup>nd</sup> April 2023 | Pānui 2 - April 2023

*Te Puku o Te Ika, Whitianga Waka Ama, Hauraki Waka Ama, Te Aputa Tira Hoe and Te Whanau Waka Ama o Whangamata in association with Waka Ama New Zealand (WANZ), are proud to host the 2023 Waka Ama Long Distance Nationals (LDNs) to be held in Whitianga at Buffalo Beach.*

## IMPORTANT DATES

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|-----------------|---|
| ● 5 April 2023  | Entries close   |
| ● 11 April 2023 | Roster closes   |
| ● 11 April 2023 | Once the roster is completed - clubs will be invoiced |
| ● 20 April 2023 | LDN Pōwhiri 3 pm event site                           |
| ● 21 April 2023 | Race 1, 2 & 3   |
| ● 22 April 2023 | Race 4, 5 and 6                                       |
| ● 23 April 2023 | Back-Up Race Day                                      |

## WAKA HIRE

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Waka Ama NZ has created a sheet for waka hire: [2023 Long Distance Nationals - Waka Hire](#). This is for W6 waka hire only. Waka hire must be completed directly between the clubs hiring out and the clubs wanting to hire. All contact information and availability of waka are available on the sheet. This sheet is live and automatically updates.

Each club hiring out waka must set their hire fee and must liaise directly with the club wanting to hire to confirm the hire and arrange payment. All Waka Hire information can be found attached pānui online here: <https://www.wakaama.co.nz/racecalendar/lookup/2094>

## WORLD DISTANCE 2023

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This event will be a qualifier for Aotearoa representatives for the 2023 IVF Va'a World Distance Championships. All information can be found here: <https://wakaama.co.nz/racecalendar/lookup/2097>

## BACKUP RACE DAY

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If the weather or sea conditions make it unsafe to paddle any one of the allocated races then 23 April is the backup race day. Paddlers are advised to make plans to be available that day.

## UPDATED SITE MAP

- The event will be based at Buffalo Beach Reserve - <https://goo.gl/maps/5vYkpwR1Rp9nGXrp6>
- The trailer parking will be [Moewai Sports Park](#)
- The Pōwhiri will be at 3 pm onsite at the event - Buffalo Beach Reserve. A cup of tea will follow.
- Prizegiving and paddler kai will take place at - Mercury Bay Area School, 20 South Highway, Whitianga 3510 - <https://goo.gl/maps/RyLRYf8onsZrcLh29> - see appendices for map

## UPDATED\* LONG DISTANCE NATIONALS 2023 - SITE MAP



- 📍 Waka Beach Access
- 🚑 First Aid
- 🚻 Wharepaku (Toilet)

## ENTRY FEES

The fees for all entries received before 5<sup>th</sup> April are

Grade	W6	W1 Rudderless/W1 Rudderred/W2	Combination
Seniors	\$60 each	\$60 each	\$90 each
Juniors	\$40 each	\$40 each	\$60 each

NOTE:

- If a senior paddler is entered in both the W6 and W1 Rudderless/W1 Rudderred races the entry fee payable is \$90.00.

- If a Junior paddler is entered in both the W6 and W1 Rudderless/W1 Rudderless races, the entry fee payable is \$60.00.
- Entry into a third event would cost a further \$30.00 for seniors and \$20.00 for Juniors ie: W6 + W1+W2 = \$120.00/Senior or \$80/Junior.

## PENALTIES

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For any late additions/changes/withdrawals after the **5<sup>th</sup> of April**, a \$20 per paddler late fee will apply e.g. division changes, paddler swap, and additions.

**Any club that withdraws teams after being invoiced will still be charged the full entry fee.**

All team entries are to be entered via the Waka Ama New Zealand website through your Club Coordinator.

## REFUND POLICY

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- No refunds will be given for any withdrawals after 5 April when the roster is closed
- No refund will be given if the event is cancelled due to a natural disaster or extreme weather should the event be cancelled after the 18<sup>th</sup> of April.

## RACE DISTANCES AND COURSES

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Course maps are in pānu 3. J16 & Novice races will take place at this event and the courses for those will be within the bay.

Waka	Distance	Divisions	Categories
<b>W6:</b>	23-25km	Open, Master and Senior Master	Men, Women & Mixed
	16-20km	Gld Master, Master 70, J19	Men, Women & Mixed
	8-10km	J16, M75 & M80	Men, Women & Mixed
	8-10km	Adaptive	Mixed
	8-10km	Short course*	Men, Women and Mixed*
<b>W1 Rudderless/Rudderless</b>	16km	Seniors (U23, Open, Master, Snr Master)	Men & Women
	8-10km	Gld Master, Master 70, J16, J19, M75 & M80	Men & Women
<b>W1</b>	8-10km	Adaptive	Men & Women
<b>W2/W3:</b>	16km	Seniors (U23, Open, Master, Snr Master)	Men, Women & Mixed
	8-10km	Gld Master, Master 70, J16, J19, M75 & M80	Men, Women & Mixed
<b>W2</b>	8-10km	Adaptive	Men, Women & Mixed

\*Not a medal category

## COMPETITORS ABILITY

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We are providing opportunities for experienced and capable crews and individuals in age categories from J16 and above. The term “experienced” means that teams and individuals have experience in sea conditions. All Clubs are responsible for ensuring that all paddlers are competent in the divisions that they have been entered into. The Race Director has the discretion to withdraw a team or an individual who is deemed to be unfit or unprepared to complete the race.

The short course race will provide an opportunity to those paddlers who are experienced but are unable to complete the senior distance – the short course events will not be eligible for medals.

J16 and Short Course events will be held within the Bay.

## VERIFICATIONS

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Please ensure you send verification documents to [admin@wakaama.co.nz](mailto:admin@wakaama.co.nz) nice and early. All paddlers entered must be verified and affiliated to add their names to the club roster.

## RACE DIVISIONS

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All age groups are as outlined in the Waka Ama New Zealand Race Rules, rule 50.2. Note: J16 minimum age is 11 and J19 Competitors must be a minimum age of 16 in the year of competition.

DIVISION	Minimum (Age as of 31 December 2023)	Maximum (Age as of 31 December 2023)
Junior 16	11	16
Junior 19	14	19
U23	16	23
Open	16	None
Masters	40	None
Senior Masters	50	None
Golden Masters	60	None
Master 70	70	None
Master 75	75	None
Master 80	80	None

- All New Zealand entrants must be from clubs that are affiliated with Waka Ama New Zealand.
- All paddlers must be verified to enter.
- Entrants from overseas clubs are welcome to register for this event but will not be eligible for medals.
- The adaptive teams must comprise 3 adaptive paddlers and 3 non-adaptive paddlers.
- Mixed W6 Crews in mixed races are to be of mixed gender. The majority (at least 50%) of paddlers must be female

- Mixed W2 teams must be made up of 1 man and 1 woman
- Mixed W3 teams must have at least 1 woman
- International entries are permitted but not eligible for medals

## **RACE RULES**

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All entrants must be familiar with the Waka Ama New Zealand race and safety rules. Refer to the following link for more information - <http://wakaama.co.nz/pages/read/1003423>.

## **ACCOMMODATION**

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Whitianga and the surrounding area provide multiple accommodation options either in Whitianga itself or within a 30-40 mins drive from the venue: Click here for some options [Whitianga & District](#)

## **TRAVEL**

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Here is a Google map link to Buffalo Beach, Whitianga <https://www.google.co.nz/maps/@-36.8303748,175.7140014,14z>

There are commercial flights in and out of Whitianga here: [Barrier Air](#) or here: [Air Auckland](#). The nearest airport to Whitianga is Auckland (AKL) Airport which is 83.9 km away. Other nearby airports include Tauranga (TRG) (102.9 km), Hamilton (HLZ) (119.3 km) and Rotorua (ROT) (152 km).

For up-to-date local traffic and roading information please visit the following websites:

- <https://www.facebook.com/ThamesCoromandelDistrictCouncil>
- <https://www.tcdc.govt.nz/Our-Services/Transport-Roads-and-Road-Safety/Road-and-HighwayConditions>

We will be providing more information about roading and towing waka closer to the event.

## **KAIMAHI - VOLUNTEERS**

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If you would like to volunteer for the event, click the link for the registration form:

<https://docs.google.com/forms/d/e/1FAIpQLScQwleE9OpnQ1WeiOGxAaAbxONXDHFAb6N53j-3NZKbO35bVQ/viewform>

## QUESTIONS AND ENQUIRIES

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For any further information please go to  
[www.wakaama.co.nz](http://www.wakaama.co.nz) or contact us on  
[ldn@wakaama.co.nz](mailto:ldn@wakaama.co.nz)

On behalf of Waka Ama NZ and our hosts; TPOTI and the Hauraki collective of clubs we look forward to hosting you all in Whitianga for LDN 2023.

Or for more information check out the event's Facebook page here:  
<https://www.facebook.com/wakaamaLDN/>



Whitianga Waka Ama



TE ĀPUTA TIRA HOE



## RACE PROGRAMME – SUBJECT TO CHANGE

### THURSDAY 20<sup>TH</sup> APRIL

<b>10:00 am – 2.45 pm</b>	Trailer Parking will be open
<b>12:00 pm to 2.45 pm</b>	Registration and safety checks for Races 1 & 2 open Administration for general queries
<b>3:00 pm</b>	Pōwhiri onsite at the venue (registration desk and safety checks closed)
<b>4:30 pm till 8pm</b>	Trailer parking open Registration and safety checks open until 6.30pm

### FRIDAY 21<sup>ST</sup> APRIL

#### Registrations Open: 6.15 am

#### **Race 1 - Mens Rudderless, Womens Rudderless, W2 & W3 Women/Mixed**

**Race Briefing: 7:15 am**

**Race Start: 8:30 am**

U23 Women, Open Women, Master Women, Snr Master Women	W1 Rudderless	16-18 km
J19 Women, Gld Master Women, M70/M75/M80 Women	W1 Rudderless	8-10 km
U23 Men, Open Men, Master Men, Snr Master Men	W1 Rudderless	16-18 km
J19 Men, Gld Master Men, M70/M75/M80 Men	W1 Rudderless	8-10 km
U23 Women, Open Women, Master Women, Snr Master Women	W2/W3	16-18 km
J19 Women, Gld Master Women, M70/M75/M80 Women	W2/W3	8-10 km
U23 Mixed, Open Mixed, Master Mixed, Snr Master Mixed	W2/W3	16-18 km
J19 Mixed, Gld Master Mixed, M70/M75/M80 Mixed	W2/W3	8-10 km

#### **Race 2 - Women Rudderless, Men Rudderless, W2 & W3 Men**

**Race Briefing: 10:15 am**

**Race Start: 11:30 am**

U23 Women, Open Women, Master Women, Snr Master Women	W1 Rudderless	16-18 km
J19 Women, Gld Master Women, M70/M75/M80 Women	W1 Rudderless	8-10 km
U23 Men, Open Men, Master Men, Snr Master Men	W1 Rudderless	16-18 km
J19 Men, Gld Master Men, M70/M75/M80 Men	W1 Rudderless	8-10 km
U23 Men, Open Men, Master Men, Snr Master Men	W2/W3	16-18 km
J19 Men, Gld Master Men, M70/M75/M80 Men	W2/W3	8-10 km

<b>Race 3 - Junior, Adaptive and Open Short-course</b>		
<b>Race Briefing: 12:30 pm</b>		
<b>Race Start: 1:30 pm</b>		
J16 Men, J16 Women, J16 Mixed	W6	8-10 km
Open Men, Open Women, Open Mixed Short-course	W6	8-10 km
Adaptive Mixed	W6	8-10 km

- From 1.30pm - **Registration and safety checks for Race 4 & 5**
- Approx 4.30pm - **Prizegiving**
  - Venue - Mercury Bay Area School, 20 South Highway, Whitianga 3510
- Approx 6.00pm (after prizegiving) - **Race Briefing for Race 4 & 5**
  - Venue: Mercury Bay Area School, 20 South Highway, Whitianga 3510

## **SATURDAY 22<sup>ND</sup> APRIL**

**Registration and safety checks open 6:15 am**

***Race briefings for Race 4 & 5 will take place the day beforehand on Friday 21st April at Mercury Bay Area School following Day 1 Prizegiving approximately 6pm***

<b>Race 4 – Senior Women W6, J16 &amp; Adaptive W1</b>		
<b>Pre race update (steerers only): 7:00 am</b>		
<b>Race Start: 8:00 am</b>		
Open, Master & Snr Master Women	W6	23-25 km
J19 Women, Gld Master, M70/M75/M80 Women	W6	16-18 km
J16 Women	W1 Rudderless	8-10 km
J16 Men	W1 Rudderless	8-10 km
Adaptive Women	W1	8-10 km
J16 Men	W2/W3	8-10 km
Adaptive Men	W2/W3	8-10 km

<b>Race 5 – Senior Mixed W6, J16 and Adaptive W1</b>		
<b>Pre race update (steerers only): 10:00 am</b>		
<b>Race Start: 11:00 am</b>		
Open, Master & Snr Master Mixed	W6	23-25 km
J19 Mixed, Gld Master Mixed, M70/M75/M80 Mixed	W6	16-18 km
J16 Women	W1 Rudderless	8-10 km
J16 Men	W1 Rudderless	8-10 km



Adaptive Men	W1	8-10 km
J16 Women & Mixed	W2/W3	8-10 km
Adaptive Women & Mixed	W2/W3	8-10 km

<b>Race 6 – Men W6</b> <b>Race Briefing (onsite at venue): 12:15 pm</b> <b>Race Start: 2:00 pm</b>		
Open, Master & Snr Master Men	W6	23-25 km
J19 Men, Gld Master Men, M70/M75/M80 Men	W6	16-18 km

**Prizegiving Approximately 5.00 pm**

#### **APPENDICES**

- APPENDIX A: Venue Directions
- APPENDIX B: Site Map & Car Parking
- APPENDIX C: Trailer Parking
- APPENDIX D: Prizegiving and Paddler Kai Venue - Mercury Bay Area School

## APPENDIX A: Venue Directions

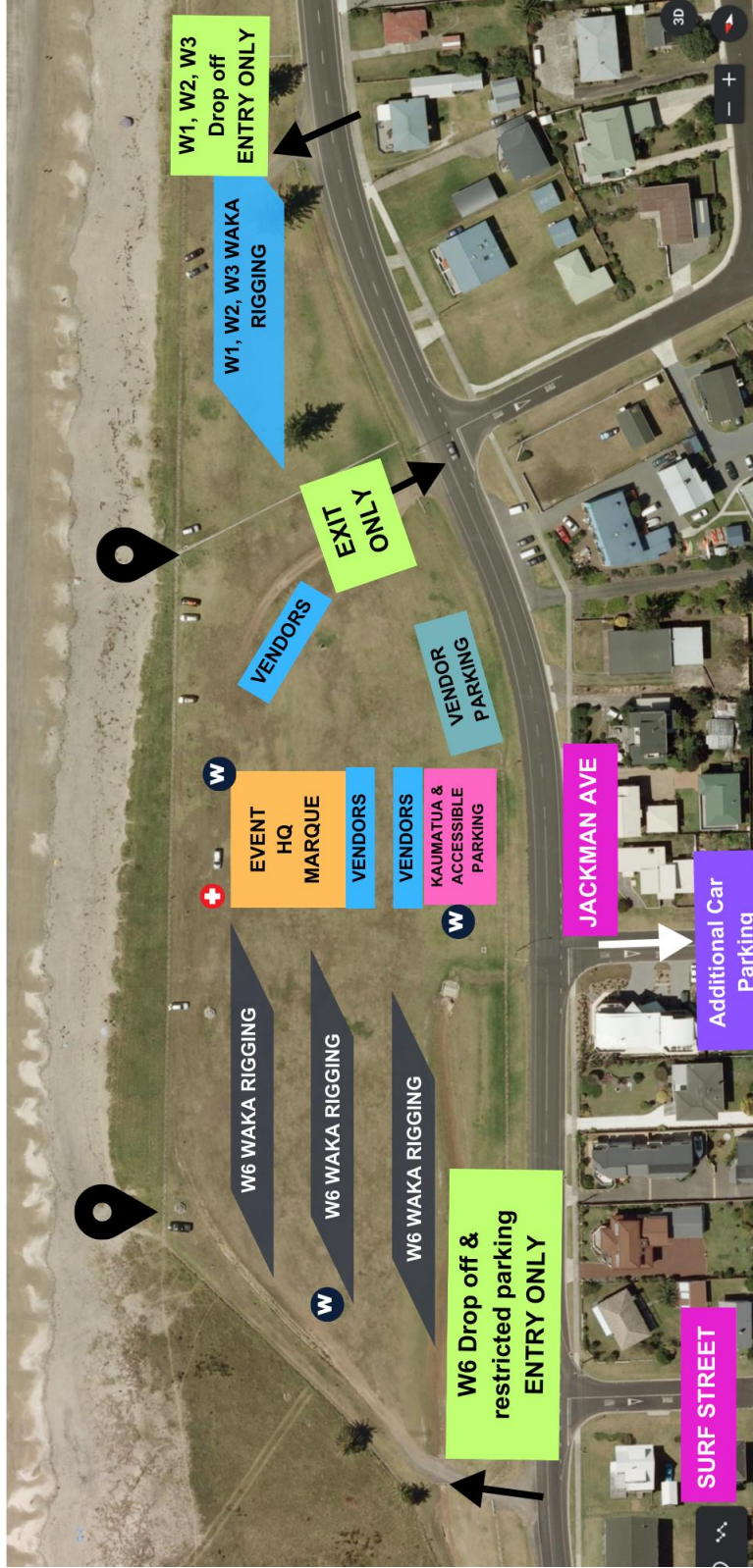
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Buffalo Beach Reserve, Whitianga 3510 - <https://goo.gl/maps/5vYkpwR1Rp9nGXrp6>



**APPENDIX B: Site Map & Car Parking**

**UPDATED\* LONG DISTANCE NATIONALS 2023 - SITE MAP**

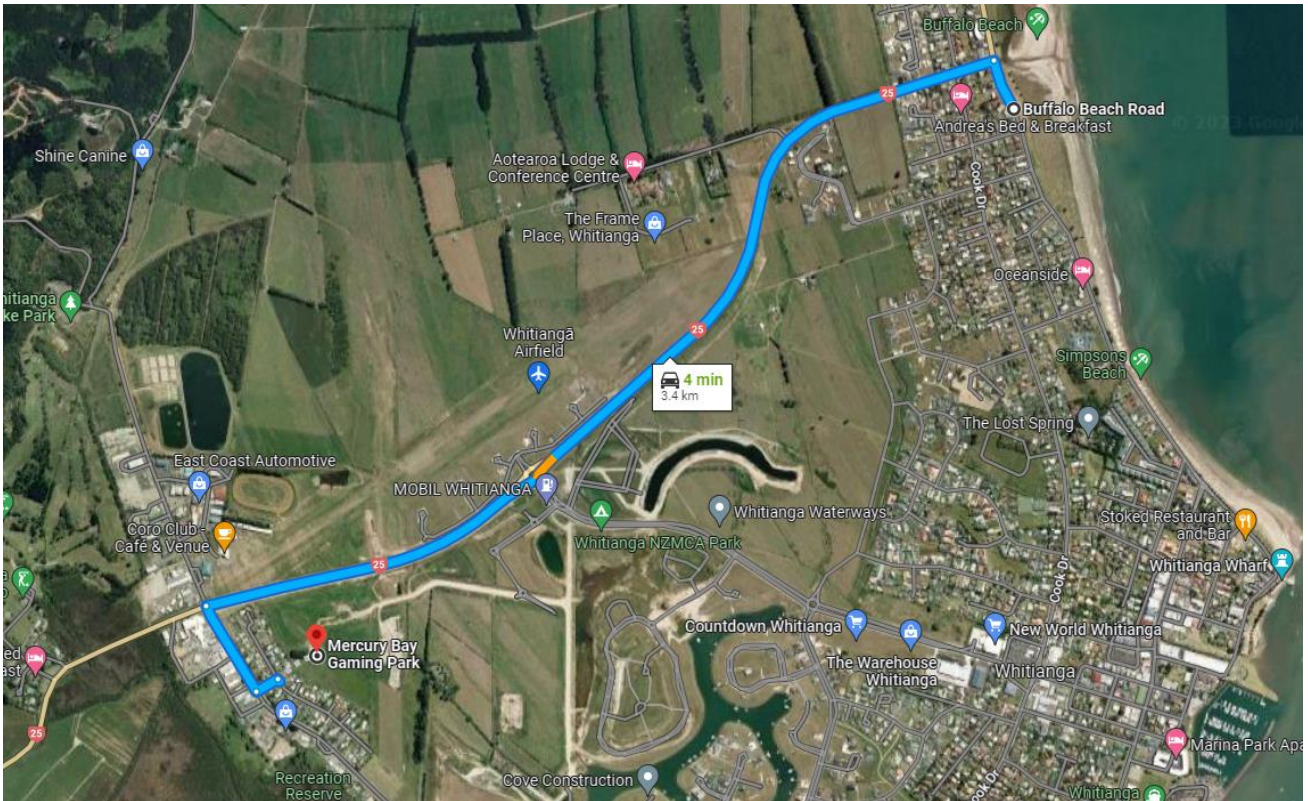


-  Waka Beach Access
-  First Aid
-  Wharepaku (Toilet)

## APPENDIX C: Trailer Parking

This will be offsite at the following location: [Moewai Sports Park](#) - Approximately 4minute drive from the venue

Address: Mercury Bay Gaming Park, Moewai Park Road, Whitianga 3510



## APPENDIX D: Prizegiving and paddler kai venue - Mercury Bay Area School

This will be offsite at the following location: Mercury Bay Area School

Venue: Mercury Bay Area School, 20 South Highway, Whitianga 3510

